

CHARACTER ASSESSMENT

(Fruit of the Spirit: Galatians 5:22-23)



FRUIT OF THE SPIRIT	STATEMENT TO CONSIDER	1	2	3	4	5	LOW	HIGH
	INSTRUCTION: MARK 1 AS YOUR LOWEST OR WORSE AND 5 AS YOUR HIGHEST OR BEST IN EACH STATEMENT.							
LOVE	MY LOVE FOR GOD IS REFLECTED IN MY LOVE FOR PEOPLE.	1	2	3	4	5		
	I AM INTENTIONALLY NAVIGATING FROM SELFISHNESS TOWARD COMPASSION.	1	2	3	4	5		
	I PRACTICE SERVING OTHERS DESIRING NOTHING IN RETURN.	1	2	3	4	5		
	MY LOVE FOR OTHERS IS GREATER THAN MY HURTS AND FRUSTRATIONS FROM OTHERS.	1	2	3	4	5		
	TOTAL:							
JOY	I FIND STRENGTH IN THE JOY OF THE LORD.	1	2	3	4	5		
	PEOPLE OBSERVE JOY IN MY LIFE IN HARD TIMES.	1	2	3	4	5		
	I CHOOSE JOY OVER FRUSTRATION	1	2	3	4	5		
	THE JOY OTHERS SEE IN ME EXPRESSES HOPE	1	2	3	4	5		
	TOTAL:							
PEACE	I HAVE A PEACE BECAUSE I KNOW GOD IS IN CONTROL.	1	2	3	4	5		
	AS MY MIND STAYS ON THE LORD IT GIVBES ME PEACE	1	2	3	4	5		
	I INTENTIONALLY NAVIGATE TOWARD PEACE (BEING CALM) INSTEAD OF SHOWING STRESS AND CAUSING TENSION.	1	2	3	4	5		
	THE PEACE OF GOD RULES IN MY HEART.	1	2	3	4	5		
	TOTAL:							
PATIENCE	LONG-SUFFERING IS A RESULT OF LOVE-JOY-PEACE IN MY LIFE	1	2	3	4	5		
	I DEMONSTRATE LONG-SUFFERING WITH PEOPLE...	1	2	3	4	5		
	LONG-SUFFERING HAS DEVELOPED MY STRENGTH TO ENDURE	1	2	3	4	5		
	LONG-SUFFERING GUIDES ME TO NAVIGATE TO THE PATH OF FORGIVENESS	1	2	3	4	5		
	TOTAL:							
KINDNESS	I AM CONSIDERATE OF THE FEELINGS OF OTHERS.	1	2	3	4	5		
	I SEEK WAYS TO ENCOURAGE PEOPLE.	1	2	3	4	5		
	I MAKE FRIENDS EASILY.	1	2	3	4	5		
	I AM GENEROUS WITH PRAISE AND CAUTIOUS WITH CRITICISM.	1	2	3	4	5		
	TOTAL:							

FRUIT OF THE SPIRIT	STATEMENT TO CONSIDER	1 2 3 4 5					LOW HIGH
		1	2	3	4	5	
GOODNESS	EVERY DAY I THINK OF WAYS I CAN ADD VALUE TO PEOPLE.	1	2	3	4	5	
	I AM FULFILLING THE PURPOSE GOD HAS DESIGNED FOR ME.	1	2	3	4	5	
	PEOPLE THINK OF ME AS A PERSON OF INTEGRITY.	1	2	3	4	5	
	I LOOK FOR STRENGTHS IN PEOPLE NOT THEIR WEAKNESSES.	1	2	3	4	5	
	TOTAL:						
FAITHFULNESS	I KEEP MY WORD, OTHERS CAN COUNT ON ME.	1	2	3	4	5	
	I FOLLOW THROUGH WITH WHAT I START.	1	2	3	4	5	
	I AM FIRM IN MY FAITH TOWARDS GOD.	1	2	3	4	5	
	FAITHFULNESS KEEPS ME AUTHENTIC.						
	TOTAL:						
GENTLENESS/ MEEKNESS	I AM QUICK TO LISTEN, SLOW TO SPEAK, SLOW TO ANGER.	1	2	3	4	5	
	I TREAT OTHERS WITH RESPECT REGARDLESS..	1	2	3	4	5	
	I DO HUMBLE TASKS EVEN WHEN NO ONE IS WATCHING.	1	2	3	4	5	
	I AM RECEPTIVE OF GOD'S WORD WHICH CLEANSSES ME AND MAKES ME USEFUL FOR GOD AND OTHERS.	1	2	3	4	5	
	TOTAL:						
SELF-CONTROL	I CONTROL MY THOUGHTS INSTEAD OF MY THOUGHTS CONTROLLING ME.	1	2	3	4	5	
	I NAVIGATE TOWARD A WAY OF EXCAPE DURING TEMPTATION BY BEING IN GOD'S WORD.	1	2	3	4	5	
	I AM NOT CONTROLLED BY SINFUL NATURE BUT BY THE HOLY SPIRIT ROMANS 8:9	1	2	3	4	5	
	I CULTIVATE GODLY THINKING. PRO 23:7/PHIL 2:5 I AM BEING TRANSFORMED BY THE RENEWING OF MY MIND, ROMANS	1	2	3	4	5	
	TOTAL:						
TOTAL:							

THE TWO I AM BEST AT:

- 1.
- 2.

THE TWO I AM THE LEAST OR WORST AT:

- 1.
- 2.

CHOOSE ONE AND BEGIN TO BE INTENTIONAL IN USING THIS FRUIT OR QUALITY IN YOUR LIFE.

WHAT IS PREVENTING THIS QUALITY FROM BEING DISPLAYED OR MANIFESTED IN MY LIFE? WHAT IS THE OBSTACLE TO NAVIGATE?

HOW CAN I IMPROVE THIS QUALITY IN MY LIFE?

WHO WOULD BE WILLING TO INVEST IN ME TO HELP ME TO GROW IN THIS FRUIT OR QUALITY? WHO WILL COACH ME? WHO WILL MENTOR ME?

WHAT SCRIPTURE VERSES WILL BECOME BUILDING BLOCKS FOR THIS FRUIT OR QUALITY IN MY LIFE?

(YOU MAY WANT TO BEGIN WITH THE SCRIPTURE VERSES LISTED BELOW).

Love: John 13:35, Galatians 5:13, 1 Cor 13:4-7, Job 48:10

Joy: Nehemiah 8:10; James 1:2, Romans 12:12

Peace: Isaiah 28:3, Psalm 34:14, Romans 8:6, Colossians 3:15

Long-Suffering: Proverbs 18:32, James 5:7-9, Ephesians 32, Proverbs 15:18

Kindness: Ephesians 4:32, Proverbs 18:24, Colossians 3:12-13, 1 Thessalonians 5:11

Goodness: Ephesians 2:10, Proverbs 10:9, Matthew 7:17, Romans 12:9

Faithfulness: 1 Corinthians 4:2, Matthew 10:22, Proverbs 24:16, Hebrews 10:23

Gentleness/Meekness: Titus 3:2, Micah 6:8, James 1:21, Galatians 6:1,
2 Timothy 2:24-25

Self-Control: 1 Corinthians 10:7-14, Psalm 119:11, Romans 8:9, Proverbs 23:7,
Philippians 2:5, Romans 12:12

WHAT PHRASE WILL BE THE MAXIM FOR THIS FRUIT OR QUALITY?

